

Abstract

This bachelor thesis deals with the topic of spirituality in the field of vegetarianism and veganism. The main goal of this thesis is to find out how and when is the spirituality formed in narratives of the respondents, who are vegetarians or vegans and how do they construct it. The results of this work are obtained using a qualitative research, mostly in form of semi-structured in-depth interviews with sensitivity to the ways that the narratives are constructed. These interviews took place mainly in online space due to the Covid-19 pandemic. This thesis connects several areas of theory, which later appear in the narratives of respondents. The main theoretical framework for this thesis is concept of mindful body by Nancy Scheper-Hughes and Margaret Lock, concept of purity by Mary Douglas, theory of Dark Green Religion by Bron Taylor and views of the boundaries between people and animals by Margo DeMello. This thesis and its conclusions can serve as a basis for subsequent research on the topic, since this thesis formed as a certain view of the field of spirituality in veganism and vegetarianism.